



SAN DIEGO CREW CLASSIC COVID-19 HEALTH AND SAFETY PROTOCOLS

Last Updated: March 16, 2022

The San Diego Crew Classic (SDCC) Board developed these COVID-19 health and safety guidance strategies to promote a safe and successful regatta, aligned with current community practices and city, county, state, federal and US Rowing recommendations. Non-compliance may result in administrative action and/or criminal penalties.

This guidance is subject to change as scientific knowledge advances, based on changes in disease epidemiology and prevalence, and to conform to appropriate regulatory guidance.

San Diego County COVID-19 FAQ information is reviewed regularly, and the latest update (1/14/22) is available at:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV/FAQs.html

California Department of Public Health (CDPH) updates and information is available at: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>

General Guidance

Last year (2021), a full in-person regatta with spectators was not possible. This year, with increased understanding of COVID-19 transmission and increased vaccination prevalence, we believe that a safe and successful regatta is well within reach. This was demonstrated by the 2021 Head of the Charles and the 2021 San Diego Fall Classic. Importantly, transmission in outdoor spaces is understood to be much less likely than transmission in indoor spaces. The San Diego Crew Classic is held outdoors, spread across a wide geographical area and over a long window of time such that direct and concentrated person-to-person exposures are uncommon.

State of California Department of Public Health (CDPH) updates and information is available at: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>

Nonetheless, as with any activity that involves gathering, even with multiple mitigation strategies, the risk of transmission cannot be eliminated. These guidelines address what we feel is the optimal balance for individual safety, personal lifestyle, community health, and local economic impact. Above all we wish to foster an environment of healthy competition. We encourage all participants to adhere to best practices to reduce the risk for themselves and for the community, with the goal of ending the pandemic.

Summary of Requirements

	Participants to include athletes, coaches, chaperones, volunteers, sponsors/vendors, food truck employees, safety and park employees, and brunch/beer tent servers	Spectators	Brunch Attendees
Vaccination or Testing	Required	Recommended	Recommended
Vaccination Verification	Verification of vaccination status maybe done on a sample basis	Not Required	Not Required
Vaccination Attestation	Required Attestation Form	Not Required	Not Required
Mask Wearing	Strongly recommend mask wearing for indoor settings (regardless of vaccination status). Required on the Shuttle, as directed by CDPH guidance.	Strongly recommend mask wearing for indoor settings (regardless of vaccination status). Required on the Shuttle, as directed by CDPH guidance.	Strongly recommend mask wearing for indoor settings (regardless of vaccination status). Required on the Shuttle, as directed by CDPH guidance.
Contact Tracing	Support CA Requirements as necessary, recommend enabling CA Notify app	Same	Same
Quarantining	Support CA Requirements as necessary, recommend enabling CA Notify app	Same	Same

Vaccination

SDCC strongly recommends full vaccination for all participants and spectators over the age of 5 years, and booster vaccination for everyone 12 years or older against COVID-19, in alignment with CDPH guidelines. Vaccination (or testing as noted below) **is required for all Participants**. Vaccination (or testing) is recommended for all Brunch attendees. Vaccination (or testing) is recommended but not

mandated for spectators at the regatta. Individuals who qualify for a medical or religious exemption must provide supporting documentation and/or be subject to COVID 19 testing requirements.

The SDCC defines **Participants** to include athletes, coaches, chaperones, volunteers, sponsors/vendors, food truck employees, safety and park employees, and brunch/beer tent servers. **Spectators** are defined as all others attending the event. **Brunch Attendees** are defined as anyone attending the brunch.

Fully vaccinated individuals are defined as those who have received two doses of an mRNA vaccine series (Pfizer or Moderna) or a single dose of the Janssen/Johnson & Johnson vaccine, with at least two weeks having elapsed since the final dose. Individuals, 12 years and older. Individuals are advised to get a third “booster” dose according to Centers for Disease Control and Prevention (CDC) guidelines, as applicable:

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html>

Testing is defined as a negative SARS-CoV-2 test in the last 1 day for an antigen test, or 2 days for a PCR test.

All participants will recognize the fact that there can be unvaccinated individuals or COVID-19 positive individuals present at the Regatta and to consider their own behaviors accordingly.

Attestation and Vaccine Verification

All Participants will be required to complete a self-attestation. A completed attestation form is required (either for a team/group or an individual). The form is available [here](#).

The following components of the attestation will be included:

- Participants will attest to follow all COVID-19 health and safety protocols, including self-isolation if symptoms develop, and cooperation with all SDCC and Department of Public Health actions in the case of an exposure or other public health event.
- Attestation will confirm that the participant is not currently subject to quarantine or isolation due to COVID-19 exposure or illness (or if attestation is completed in advance, that the individual will notify SDCC and voluntarily withdraw participation if in quarantine or isolation at the time of the event).
- Attestation will confirm that the participant has not had symptoms compatible with COVID-19 in the 10 days prior to arrival. Any participant, regardless of vaccination status, with symptoms compatible with COVID-19 in the 10 days prior to the event should be tested for SARS-CoV-2 in order to participate in the event. Only those with recent symptoms with negative tests will be allowed to participate in the event.

While proof of vaccination is not required for participants, brunch, or beer garden attendees, it is recommended that the following proof be available. Acceptable methods of proof include:

- Original, copy, or electronic photo of the CDC vaccination card (or similar documentation issued by another foreign governmental jurisdiction)

- documentation from a healthcare provider
- personal digital COVID-19 vaccine record issued by the State of California available by going to <https://myvaccinerecord.cdph.ca.gov>
- personal digital COVID-19 vaccine record issued by another State, local, or foreign governmental jurisdictions
- personal digital COVID-19 vaccine record issued by an approved private company
- This requirement does not apply to children under 5 years old.

In place of proof of vaccination, participants may provide proof of a negative COVID-19 test within one day (for rapid antigen tests) or two days (for PCR tests). Children under 2 years of age are exempt from the testing requirement, consistent with State and CDC guidance.

Testing

SDCC will not require SARS-CoV-2 testing among asymptomatic vaccinated Participants. However, Participants are required to follow all applicable U.S. and state testing and quarantine requirements related to travel, symptoms, and exposure.

For those that develop symptoms compatible with COVID-19 at the event, those who are identified as contacts of those with COVID-19, or anyone who would like to get tested, please first contact your healthcare provider. Alternatively, local testing options can be identified at:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV/testing.html

Social Distancing and Capacity management

SDCC will adhere to state and local regulations around capacity management. According to CDPH guidelines (2/7/22), recommendations exist for outdoor “mega-events” of 10,000 or more participants and indoor “mega-events” of 1,000 or more participants. The SDCC is expected to have no more than 10,000 people at any one time. SDCC will encourage social distancing whenever possible but will not impose additional capacity limits in any of the venues. This is subject to change if pandemic conditions require or in the event of new State or national guidance.

CDPH updates are available at: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Beyond-Blueprint-Framework.aspx>

Masking and Indoor Spaces

SDCC is an outdoor event hosted on Mission Bay and Crown Point shores. Masks will not be required outdoors. Those that are unvaccinated and/or vaccinated but immunocompromised and still potentially vulnerable to infection, are advised to wear masks outdoors, especially when distance cannot be maintained.

All Participants and Spectators are strongly recommended to wear masks when entering indoor areas, regardless of vaccination status, consistent with current public health recommendations. An indoor area is defined as being a self-contained space in a structure that does not have at least two exterior walls shorter than 42 inches: <https://www.sfdph.org/dph/COVID-19/Outdoor-Structures.asp>

All Participants and Spectators regardless of vaccine status are required to wear masks in the shuttles, consistent with current public health policies.

Surgical masks or high-level respirators (e.g., N95s, KN95s, KF94s) with good fit to cover the nose and mouth are recommended. The definition of a well-fitted mask does not include a scarf, ski mask, balaclava, bandana, turtleneck, collar or single layer of fabric.

CDPH face covering guidance is viewable at:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx>

Exemptions to mask requirements include individuals: younger than 2 years, with a disability, medical or mental health condition that prevents wearing a mask, or who are hearing impaired where the ability to see the mouth is essential for communication.

Hand Hygiene

We encourage all participants to wash or sanitize their hands regularly. Hand sanitizer stations will be available at official SDCC sites and will be required in all sponsor tents.

Symptomatic Participants

All participants should abide by state and local public health guidance surrounding SARS-CoV-2 isolation and quarantine. Lack of cooperation with public health guidance will be grounds for removal from the event.

Any participant, regardless of vaccination status, with symptoms compatible with COVID-19 in the 10 days prior to the event should be tested for SARS-CoV-2 in order to participate. Only those symptomatic participants with negative tests will be allowed to participate in the event. Participants will be asked to attest to this at registration.

Any participant who develops symptoms compatible with COVID-19 while at the Regatta should immediately self-isolate. Local testing options can be identified at:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV/testing.html

Those who test positive will be required to inform SDCC so that the appropriate public health agents can be notified.

Exposures and Contact Tracing

In the event of an exposure that occurs at the Regatta, SDCC will cooperate with local and state public health authorities. SDCC will expect all participants and attendees who are notified by either SDCC or public health authorities to cooperate with contact tracing and/or quarantine as appropriate.

The SDCC strongly recommends that participants turn on exposure notifications in their Apple and Android phone. **CA Notify** (<https://canotify.ca.gov/>) can then alert if an individual has been near someone who tested positive.

Competition

Coaches & Coxswains

The Coaches & Coxswains meeting will be held virtually. All competitors and coaches are responsible for any information given at this meeting

Safety Checks

Safety checks will be performed visually and the Beachmaster or other official may request participants to demonstrate compliance with safety guidelines and equipment operation if a question arises.

Launches

Drivers are required to be fully vaccinated and a booster is recommended, if eligible. There should be no more than four persons per launch.

Start & Finish Line

All volunteers at the start and finish line are required to be fully vaccinated and a booster is recommended, if eligible. Disinfectant wipes will be provided, and equipment will be cleaned with personnel changes.

Other Information

Information and Awards Station

Volunteers stationed at the information and awards tables are required to be fully vaccinated and a booster is recommended, if eligible. Results will be available electronically and by cell phone and will not be posted elsewhere.

Bathrooms/Portable Toilets

SDCC has increased the number of portable facilities to maintain social distance protocols and service a potentially larger number of participants. Hand sanitizer and or hand-washing facilities will be provided.

Athletes and coaches (domestic and international)

All participants are required to follow CDC as well State of California, County of San Diego, regulations regarding arrival testing/quarantine protocols that are in place at the time of the Regatta. These may change from the time of initial registration, and it is the responsibility of the participant to know the rules related to their location of origin.

SDCC will not be responsible for providing quarantine accommodations if they are required and will not reimburse any expenses related to travel or quarantine should an individual or team not be allowed to participate due to COVID-19.

Volunteers

Volunteers are required to be fully vaccinated and a booster is recommended, if eligible. Volunteers may not work if they have any symptoms that might be COVID-19, regardless of vaccination status.

Sponsors & Vendors

Sponsors should encourage anyone invited to their area to be fully vaccinated, with a booster shot, as eligible. Sponsors must abide by state and local capacity limits at the time of the Regatta and are responsible for ensuring their sponsorship location does not exceed the allowed capacity.

Sponsors are expected to maintain preferably two (or more) open ends to any tent to ensure adequate air flow. Preferred outdoor structure elements are described at: <https://www.sfdph.org/dph/COVID-19/Outdoor-Structures.asp>

Sponsors will be allowed to serve food and drinks as permitted by CDPH and State guidelines at the time of the Regatta. Sponsors will assist in contact tracing should an outbreak occur that has proximity to their sponsorship location. Sponsors are free to impose additional restrictions if approved by SDCC.

Spectators

SDCC expects all spectators will follow all applicable state and local regulations.

All spectators are encouraged to be vaccinated and boosted, if eligible, and if not vaccinated then advised to follow current guidance regarding mask usage. Refer to the previous sections on *Vaccination*, and *Masking and Indoor Space*. Even when outdoors, unvaccinated persons are advised to wear masks in crowded settings in which distance cannot be maintained and when in proximity to any athletes, coaches, volunteers, and event staff.

Spectators, including friends and family members, will not be allowed to access or mingle in the athletes' warm-up, shell storage, launch and landing areas to minimize traffic, crowd density, distractions, injury and exposure risk.

Any individual with symptoms that could be COVID-19 should not attend and should seek medical care.

Signage

Signs requiring compliance with COVID-19 health and safety regulations will be posted at official SDCC stations and vendor tents. Signs will remind participants to isolate if symptoms develop, to mask if unvaccinated and indoors, and to maintain social distance (of 6-12 feet) as feasible.

Signage may include:

- If you are sick, have a fever, or are not feeling well, please stay home.
- Face masks are strongly recommended for all individuals in indoor settings and businesses.
- Wash your hands often with soap and water or with hand sanitizer.