



SAN DIEGO CREW CLASSIC COVID-19 HEALTH AND SAFETY PROTOCOLS

Last Updated: February 2023

The San Diego Crew Classic (SDCC) Board developed these COVID-19 health and safety guidance strategies to promote a safe and successful regatta, aligned with current community practices and city, county, state, federal and US Rowing recommendations. Non-compliance may result in administrative action and/or criminal penalties.

This guidance is subject to change as scientific knowledge advances, based on changes in disease epidemiology and prevalence, and to conform to appropriate regulatory guidance.

San Diego County COVID-19 FAQ information is reviewed regularly, and the latest update (1/13/2023) is available at:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV/FAQs.html

State of California Department of Public Health (CDPH) information and updates are available at: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>

GENERAL GUIDANCE

In 2022, a full in-person regatta with spectators was accomplished, after cancelling the regatta in 2021. This year, with increased understanding of COVID-19 transmission and increased vaccination prevalence, we believe that a safe and successful regatta is well within reach again. This was demonstrated by the 2022 Head of the Charles and the 2022 San Diego Crew Classic regattas. Importantly, transmission in outdoor spaces is understood to be much less likely than transmission in indoor spaces. The San Diego Crew Classic is held outdoors, spread across a wide geographical area and over a long window of time such that direct and concentrated person-to-person exposures are minimized.

	Participants (include athletes, coaches, chaperones, volunteers, sponsors/vendors, food truck employees, safety and park employees, and brunch/beer tent servers), Spectators, Brunch Attendees
Vaccination or Testing	Strongly recommended to stay up-to-date with vaccines and boosters
Vaccination Verification	Not required
Vaccination Attestation	Not required
Mask Wearing	People can wear a mask based on personal preference informed by level of risk. Per CDC and CDPH travel guidelines: masks recommended while indoors on public transportation and at transportation hubs
Contact Tracing	Recommend enabling CA Notify app
Isolation/Quarantining	Support CA Requirements for isolation and after exposures, including getting tested if you are exposed or have symptoms of COVID-19. Recommend enabling CA Notify app

- Sign up for [CA Notify](#) to receive alerts when you have been in close contact with someone who tests positive for COVID-19.

MORE SPECIFICS:

Social Distancing and Capacity management

SDCC will adhere to state and local regulations around capacity management. According to CDPH guidelines (5/2/22), recommendations exist for outdoor “mega-events” of 10,000 or more participants and indoor “mega-events” of 1,000 or more participants. The SDCC is expected to have no more than 10,000 people at any one time. SDCC will encourage social distancing whenever possible but will not impose additional capacity limits in any of the venues. This is subject to change if pandemic conditions require or in the event of new State or national guidance.

CDPH updates are available at: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Beyond-Blueprint-Framework.aspx>

Masking at Public transportation, Outdoor, and Indoor spaces

All Participants and Spectators regardless of vaccine status are **recommended** to wear masks in the shuttles, consistent with current public health policies.

SDCC is an outdoor event hosted on Mission Bay and Crown Point shores. Masks will **not** be required outdoors or within partly-covered structures.

With the current CDC COVID-19 Community Level of “LOW”, all participants, spectators and brunch attendees are advised they can (but are not required to) wear a mask based on personal preference informed by level of risk.

Hand Hygiene

We encourage all participants to wash or sanitize their hands regularly. Hand sanitizer stations will be available at official SDCC sites and will be required in all sponsor tents.

Symptomatic Participants

All participants should abide by state and local public health guidance surrounding SARS-CoV-2 isolation and quarantine. Lack of cooperation with public health guidance will be grounds for removal from the event.

Any participant, regardless of vaccination status, with symptoms compatible with COVID-19 in the 10 days prior to the event should be tested for SARS-CoV-2 in order to participate. Only those symptomatic participants with negative tests will be allowed to participate in the event. Participants will be asked to attest to this at registration.

Any participant who develops symptoms compatible with COVID-19 while at the Regatta should immediately self-isolate.

Testing

For those that develop symptoms compatible with COVID-19 at the event, those who are identified as contacts of those with COVID-19, or anyone who would like to get tested, local testing options can be identified at:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV/testing.html

The link also explains county guidelines for what to do about a test result. Those who test positive are asked to inform SDCC so that the appropriate public health agents can be notified.

Exposures and Contact Tracing

In the event of an exposure that occurs at the Regatta, SDCC will cooperate with local and state public health authorities. SDCC will expect all participants and attendees who are notified by either SDCC or public health authorities to cooperate with contact tracing and/or quarantine as appropriate.

The SDCC strongly recommends that participants turn on exposure notifications in their Apple and Android phone. **CA Notify** (<https://canotify.ca.gov/>) can then alert if an individual has been near someone who tested positive.

Competition

Coaches & Coxswains

The Coaches & Coxswains meeting will be held virtually. All competitors and coaches are responsible for any information given at this meeting

Safety Checks

Safety checks will be performed visually and the Beachmaster or other official may request participants to demonstrate compliance with safety guidelines and equipment operation if a question arises.

Launches

Drivers are strongly recommended to have a completed primary vaccine series along with “up-to-date” booster vaccination. There should be no more than four persons per launch.

Start & Finish Line

All volunteers at the start and finish line are strongly recommended to have a completed primary vaccine series along with “up-to-date” booster vaccination. Disinfectant wipes will be provided, and equipment will be cleaned with personnel changes.

Other Information

Information and Awards Station

Volunteers stationed at the information and awards tables are strongly recommended to have a completed primary vaccine series along with “up-to-date” booster vaccination. Results are available electronically and will not be posted.

Bathrooms/Portable Toilets

SDCC has increased the number of portable facilities to maintain social distance protocols and service a potentially larger number of participants. Hand sanitizer and or hand-washing facilities will be provided.

Athletes and coaches (domestic and international)

All participants are required to follow CDC as well State of California, County of San Diego, regulations regarding arrival testing/quarantine protocols that are in place at the time of the Regatta. These may change from the time of initial registration, and it is the responsibility of the participant to know the rules related to their location of origin. Guidelines about traveling to or from California can be found at: <https://covid19.ca.gov/travel/>

SDCC will not be responsible for providing quarantine accommodations if they are required and will not reimburse any expenses related to travel or quarantine should an individual or team not be allowed to participate due to COVID-19.

Volunteers

Volunteers are strongly recommended to have a completed primary vaccine series along with “up-to-date” booster vaccination. Volunteers may not work if they have any symptoms that might be COVID-19, regardless of vaccination status.

Sponsors & Vendors

Sponsors should strongly recommend anyone invited to their area to have a completed primary vaccine series along with “up-to-date” booster vaccination. Sponsors must abide by state and local capacity limits at the time of the Regatta and are responsible for ensuring their sponsorship location does not exceed the allowed capacity.

Sponsors are expected to maintain preferably two (or more) open ends to any tent to ensure adequate air flow. Preferred outdoor structure elements are described at: <https://www.sfdph.org/dph/COVID-19/Outdoor-Structures.asp>

Sponsors will be allowed to serve food and drinks as permitted by CDPH and State guidelines at the time of the Regatta. Sponsors will assist in contact tracing should an outbreak occur that has proximity to their sponsorship location. Sponsors are free to impose additional restrictions if approved by SDCC.

Spectators

SDCC expects all spectators will follow all applicable state and local regulations.

All spectators are strongly recommended to have a completed primary vaccine series along with “up-to-date” booster vaccination.

Any individual with symptoms that could be COVID-19 should not attend and should seek medical care.

Spectators, including friends and family members, will not be allowed to access or mingle in the athletes’ warm-up, shell storage, launch and landing areas to minimize traffic, crowd density, distractions, injury and exposure risk.

Above all, the SDCC encourages individuals to support an environment of healthy competition and to be respectful of the personal COVID-19 choices others make based on what is the best thing for their life and their family.

Signage

Signs requiring compliance with COVID-19 health and safety regulations will be posted at official SDCC stations and vendor tents. Signs will remind participants to isolate if symptoms develop, to mask if unvaccinated and indoors, and to maintain social distance (of 6-12 feet) as feasible.

Signage may include:

- *If you are sick, have a fever, or are not feeling well, please stay home.*
- *Wash your hands often with soap and water or with hand sanitizer.*